

## The Law of the Spirit of Life (2)

**Romans 8:4-6** 4That the righteous requirement of the law might be fulfilled in us, who do not walk according to the flesh but according to the spirit. 5For those who are according to the flesh mind the things of the flesh; but those who are according to the spirit, the things of the Spirit. 6For the mind set on the flesh is death, but the mind set on the spirit is life and peace.

### Outline: (RcV NT)

- Freedom in the Spirit by the Indwelling Christ (8:1-13)
- The Law of the Spirit of Life (vv.1-6)
- By Setting the Mind on the Spirit (vv.4-6)

1. Since the law through our flesh “can not do”, how can the righteous requirements of the law be fulfilled? (8:4)

2. What spirit is it that is mentioned in Rom.8:4? (8:9, 16; 1Cor.6:17)

3. What does it mean to **walk** according to the spirit and how is that connected to the law of the Spirit of life? What practices typify the walking according to the spirit? (Gal.5:16-with note 16<sup>1</sup> – 25; Rom.8:4-6, 13-16, 23)

4. What are the things of the flesh? Are they just the bad things? What is it to be according to the flesh? Give examples

5. What are the things of the Spirit? (John 16:14-15) What is it to be according to the spirit? When we are according to the spirit, what happens to the law of the Spirit of life within us?

6. What two different actions can the mind take? (Rom.8:6)

7. In Rom.8:6a, the mind is literally, “the mind of the flesh” - what is this mind trying to do? (Rom.7:23, 25)

8. What happens when the mind attaches itself to the flesh? To the spirit? (Rom.8:6-8)

9. In Rom.8:6b, the mind is literally, “the mind of the spirit” – which means that the mind is doing what? (Rom.8:5)

10. To what spirit is Rom.8:6b referring? (Rom. 8:4, 9, 16; 1Cor.6:17)

11. What is meant by life and peace in Rom.8:6? (Rom.5:10, 17-18, 21; 6:4; 8:10, *John 10:10, 11:25,14:6* and Rom.1:7, 5:1, 14:17, 16:20)

12. What is the opposite of life and peace? (see footnote 6<sup>2</sup>)